



For class placement, email all4onedance@yahoo.ca

ALL 4 ONE DANCE Company CLASS SCHEDULE 2025-2026

Adult Inter/Advanced Tap

requires previous experience
(minimum three years)

Will attend ONE local competition
AND perform in the recital.

CLASS SIZE is LIMITED. Schedule is
subject to change based on
enrollment - Times may vary slightly
**Classes Begin Saturday September
13th, 2025** (Competitive Team
begins Monday September 8th)

STUDIO 1

Monday

4:30-5:00 Competitive Team
5:00-5:45 Little Stars (Ages 5-6)
5:45-6:30 Junior Hip Hop (Ages 8+)
6:30-7:15 Junior Ballet (7+)
7:15-8:00 Competitive Team
8:00-8:45 Youth Musical Theatre
8:45-9:30 ~~Adult Jazz Fitness 8 Week~~

Tuesday

5:00-5:30 Competitive Team
5:30-6:15 First Steps (Ages 3-4)
6:15-7:00 Pre-Senior Technique
7:00-7:30 Competitive Team
7:30-8:15 Competitive Team
8:15-9:00 Pre-Senior Tap
9:00-9:30 Competitive Team

Wednesday

4:45-5:30 Competitive Team
5:30-6:15 Junior Technique
6:15-6:45 Competitive Team
6:45-7:30 Junior Tap (7+)
7:30-8:15 Competitive Team
8:15-9:00 Youth Jazz
9:00-9:30 Competitive Team

Thursday

4:45-5:15 Competitive Team
5:15-6:00 Competitive Team
6:00-6:45 Competitive Team
6:45-7:30 Inter/Teen Jazz
7:30-8:15 Competitive Team
8:15-9:00 Teen /Pre-Senior Hip Hop
9:00-9:30 Competitive Team

Friday

5:45-6:30 Mini Hip Hop (5-7 years)
6:30-7:15 Competitive Team
7:15-8:00 Junior Musical Theatre (7+)
8:00-8:45 Competitive Team

Saturday

9:00-9:30 Competitive Team
9:30-10:15 Competitive Team
10:15-11:00 Junior Jazz (7+)
11:15-12:00 Inter/Teen Tap
12:00-12:45 Inter/Teen Musical Theatre
12:45-1:45 Competitive Team - JAZZ LRG Group/LINE
1:45-2:30 Competitive Team - ACRO LRG Group/LINE
2:30-3:15 Competitive Team
3:15-4:00 Competitive Team
4:00-4:30 Competitive Team

Sunday

9:45-10:45 am Conditioning
10:45-12:00 Tumbling Supplement
(student must be attending weekly tumbling class)
12:00-4:00 Competitive Team - Twice Per Month (See Offer) TBA

STUDIO 2

4:30-5:00 Competitive Team
5:00-5:45 Lyrical I/II (9+) *
5:45-6:45 Youth Acro
6:45-7:15 Tumbling II
7:15-8:00 Competitive Team

4:45-5:15 Competitive Team
5:15-6:00 Competitive Team
6:00-7:00 Teen Ballet

7:00-7:30 Pointe *
7:30-8:15 Pre-Senior Ballet
8:15-8:45 Competitive Team

5:00-5:30 Competitive Team
5:30-6:15 Youth Ballet
6:15-6:45 Competitive Team
6:45-7:30 Youth Tap
7:30-8:15 Competitive Team
8:15-9:00 Competitive Team
9:00-9:45 Adult Inter/Advanced Tap (Full Year)

5:45-6:45 Inter/Teen Acro
6:45-7:30 Pre-Sr Acro/Tumbling *
7:30-8:15 Competitive Team

4:30-5:00 Competitive Team
5:00-5:30 Tumbling 1
5:30-6:30 Junior Acro (8+)
6:30-7:15 Mini Acro (5-7)
7:15-8:00 Competitive Team

9:00-9:30 Competitive Team
9:30-10:15 Youth/Inter Hip Hop
10:15-11:15 Intermediate Ballet
11:15-11:45 Competitive Team
12:00-12:45 Youth Technique

2:30-3:15 Lyrical III/IV
3:15-4:00 Inter/Teen Technique

*For tumbling, student must also be enrolled in acro.
For lyrical-contemporary, student must also be
enrolled in ballet
Pointe is by Invitation ONLY (Dancers who are
enrolled in ballet and meet criteria)
Pre-Sr Acro/Tumbling is a NON recital class