

Classes in RED are FULL with a waiting list.

Classes in BLUE have ONE spot left.

For class placement, email [all4onedance@yahoo.ca](mailto:all4onedance@yahoo.ca)

CLASS SIZE is LIMITED. Revised August 10<sup>th</sup>

Classes Begin Monday, September 9th, 2024



\*Indicates a class with prerequisite requirements:

For tumbling - student must also be enrolled in acro.

For lyrical-contemporary - student must also be enrolled in ballet.

Adult Performance Troupes - will learn and rehearse a routine to compete at 2 spring competitions & recital

## ALL 4 ONE DANCE Company CLASS SCHEDULE 2024-2025

### STUDIO 1

#### Monday

4:45-5:15	Competitive Team
5:15-6:00	Junior Ballet (7+)
6:00-6:45	Competitive Team
6:45-7:30	Youth Musical Theatre
7:30-8:15	Junior/Youth Lyrical (8-11) *
8:15-9:00	Adult Performance Troupe Open (21+) (Full Year)
9:00-9:45	Adult Performance Troupe Tap (21+) (Full Year)

#### Tuesday

4:30-5:00	Competitive Team
5:00-6:00	Competitive Team
6:15-7:00	Inter/Teen Jazz
7:00-7:45	Competitive Team
7:45-8:45	Inter/Teen Ballet
8:45-9:30	Competitive Team

#### Wednesday

5:15-6:00	First Steps (3-4)
6:00-6:45	Competitive Team
6:45-7:30	Junior Tap (7+)
7:30-8:15	Junior Technique (7+)
8:15-9:00	Youth Jazz

#### Thursday

5:15-6:00	Little Stars (5-6)
6:00-6:45	Competitive Team
6:45-7:30	Competitive Team
7:45-8:30	Intermediate/Teen Hip Hop
8:30-9:15	Competitive Team

#### Friday

5:00-5:45	Zumba (Adults 18+) 8 Week
5:45-6:30	Mini Hip Hop (5-7 years)
6:30-7:15	Junior Hip Hop (8+)
7:15-8:00	Competitive Team
8:00-8:45	Junior Musical Theatre (7+)

#### Saturday

9:00-10:15	Competitive Team
10:15-11:00	Little Stars (5-6)
11:15-12:00	Junior Jazz (7+)
12:00-12:45	Competitive Team
1:00-1:45	Competitive Team
1:45-2:30	Competitive Team
2:30-3:15	Competitive Team
3:15-4:00	Competitive Team

#### Sunday

9:45-10:15	Competitive Team
10:30-12:00	Competitive Team - Specialty Group (twice per month)

### STUDIO 2

4:30-5:00	Competitive Team
5:00-6:00	Youth Acro
6:00-6:30	Tumbling II *
6:30-7:00	Competitive Team
7:15-8:15	Competitive Team
8:15-9:00	Youth Hip Hop

4:30-5:00	Competitive Team
5:15-6:15	Intermediate Acro
6:15-7:00	Pre-Senior Technique
7:00-7:45	Intermediate/Teen Tap
7:45-8:45	Teen/Sr Acro & Tumbling

4:30-5:00	Competitive Team
5:00-6:00	Youth Ballet
6:00-6:45	Competitive Team
6:45-7:30	Youth Tap
7:30-8:15	Youth Technique
8:15-9:00	Competitive Team

4:15-5:15	Competitive Team
5:15-5:45	Competitive Team
5:45-7:00	Pre-Senior Ballet
7:00-7:45	Pre-Senior Tap
7:45-8:30	Competitive Team
8:30-9:15	Competitive Team

5:00-5:30	Tumbling 1 *
5:30-6:30	Junior Acro (8+)
6:30-7:15	Mini Acro (5-7 years)
7:15-8:00	Competitive Team
8:00-8:30	Competitive Team

9:00-10:30	Competitive Team
10:30-11:15	Conditioning (8-16)
11:15-12:00	Inter/Teen Lyrical (12+)*
12:00-1:00	Competitive Team
1:00-1:45	Inter/Teen Mus. Theatre
1:45-2:30	Inter/Teen Technique
2:30-3:15	Competitive Team
4:00-5:00	Competitive Team